

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2019

Grandhaven Memory Care Cottage and Boardwalk



New Year's Day

	1	2	3	4	5
	9:30 Mindful Movements 10:30 Refresh 11:00 Sensory Group 1:00 Happy New Year Happy Hour 3:00 Wellness Hour 6:30 Movie	9:30 Mindful Movements 10:30 Book Club 11:00 Trivia 1:00 Wellness Hour 2:30 Live Music: Wendy 3:00 Bowling 6:30 Stories	9:30 Mindful Movements 10:30 Refresh 11:00 Jeopardy Trivia 1:00 Wellness Hour 2:00 Women's Club 2:30 Choir Practice 3:00 Balloon Tennis	9:30 Mindful Movements 10:30 Refresh 11:00 Puzzle Hour 1:15 Observe and Reflect 2:00 Wellness Hour 3:00 Beauty Hour 4:00 BINGO	
6	7	8	9	10	11
9:30 Mindful Movements 10:30 Refresh 11:00 Match the Phrase 1:15 Wellness 2:00 Crafts 3:00 Trivia Tunes & Movement 4:00 Church service 6:30 Manicures & Massage	9:30 Mindful Movements 10:30 Refresh 11:00 Cranium Crunches 1:00 Wellness Hour 2:00 Work of heART: 3:00 Karaoke 6:30 Stories	9:30 Mindful Movements 10:30 Book Club 11:00 Mindful Moments 1:00 Wellness Hour 2:00 Giving Back: Lewton Elementary 3:00 Bible Study 3:30 Hymnal Sing-along	9:30 Mindful Movements 10:30 Refresh 11:00 Sensory Group 1:00 Cooking 3:00 Wellness Hour 6:30 Movie	9:30 Mindful Movements 10:30 Book Club 11:00 Trivia 1:00 Wellness Hour 2:00 Work of heART: 3:00 Dancing 4:15 Songfest 6:30 Stories	9:30 Mindful Movements 10:30 Refresh 11:00 What's in the Bag? 1:00 Wellness Hour 2:00 Men's Club 2:30 Choir Practice 3:30 Live Music: Jeff 6:30 Happy Hour
12	13	14	15	16	17
9:30 Mindful Movements 10:30 Refresh 11:00 Match the Phrase 1:15 Wellness 2:00 Crafts 3:00 Trivia Tunes & Movement 4:00 Church service 6:30 Manicures & Massage	9:30 Mindful Movements 10:30 Refresh 11:00 Cranium Crunches 1:00 Wellness Hour 2:00 Work of heART 3:00 Karaoke 6:30 Stories	9:30 Mindful Movements 10:30 Book Club 11:00 Mindful Moments 1:00 Wellness 2:00 Giving Back: Boys and Girls Club 3:00 Bible Study 3:30 Hymnal Sing-along	9:30 Mindful Movements 10:30 Refresh 11:00 Sensory Group 1:00 Cooking 3:00 Wellness Hour 6:30 Movie	9:30 Mindful Movements 10:30 Book Club 11:00 Trivia 1:00 Wellness Hour 2:00 Work of heART 3:00 Floor hockey 6:30 Stories	9:30 Mindful Movements 10:30 Refresh 11:00 Jeopardy Trivia 1:00 Wellness 2:00 Balloon tennis 2:30 Choir practice 3:30 Live Music: Marty 6:30 Happy Hour
18	19	20	21	22	23
9:30 Mindful Movements 10:30 Refresh 11:00 Match the Phrase 1:15 Wellness 2:00 Crafts 3:00 Trivia Tunes & Movement 4:00 Church service 6:30 Manicures & massage	9:30 Mindful Movements 10:30 Refresh 11:00 Cranium Crunches 1:00 Wellness Hour 2:00 Work of heART 3:00 Karaoke 6:30 Stories	9:30 Mindful Movements 10:30 Book Club 11:00 Mindful Moments 1:00 Wellness Hour 2:00 Giving Back: Humane Society 3:00 Bible Study 3:30 Hymnal Sing-along	9:30 Mindful Movements 10:30 Refresh 11:00 Sensory Group 1:00 Cooking : Crepes 3:00 Wellness Hour 6:30 Movie	9:30 Mindful Movements 10:30 Book Club 11:00 Trivia 1:00 Wellness Hour 2:00 Work of heART 3:00 Volleyball 6:30 Stories	9:30 Mindful Movements 10:30 Refresh 11:00 What's in the Bag? 1:00 Baking: Cake 2:30 Choir Practice LH 3:00 Birthday Happy Hour 6:30 Good News Friday
24	25	26	27	28	29
9:30 Mindful Movements 10:30 Refresh 11:00 Match the Phrase 1:15 Wellness 2:00 Craft 3:00 Trivia Tunes & Movement 4:00 Church service 6:30 Manicures & massage	9:30 Mindful Movements 10:30 Refresh 11:00 Cranium Crunches 1:30 Food Council 2:00 Work of heART 3:00 Karaoke 6:30 Story Time <small>Martin Luther King Day Tu B'Shevat</small>	9:30 Mindful Movements 10:30 Book Club 11:00 Mindful Moments 1:00 Wellness Hour 2:00 Giving Back: Homeless Shelter 3:00 Bible Study 3:30 Hymnal Sing-along	9:30 Mindful Movements 10:30 Refresh 11:00 Sensory Group 1:00 Cooking 3:00 Wellness Hour 6:30 Movie	9:30 Mindful Movements 10:30 Book Club 11:00 Trivia 1:00 Wellness Hour 2:00 Work of heART 3:00 Bowling 6:30 Stories	9:30 Mindful Movements 10:30 Refresh 11:00 Cranium Crunches 1:00 Resident Council 2:00 Work of heART 3:00 Karaoke 6:30 Story Time <small>Australia Day (observed)</small>
30	31	Daily Chronicles 8:30am, daily			
9:30 Mindful Movements 10:30 Refresh 11:00 Sensory Group 1:00 Cooking 3:00 Wellness Hour 6:30 Movie	9:30 Mindful Movements 10:30 Book Club 11:00 Trivia 1:00 Wellness Hour 2:00 Work of heART 3:00 Bowling 6:30 Stories				