

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# January 2019

## Grandhaven Assisted Living Lighthouse, Pier, and Harbor



New Year's Day

		<b>1</b> 10:30 Mindful Movement Exercises 11:15 Left, Right, Center 1:30 Happy New Year Happy Hour 3:00 BINGO 6:30 Movie Night	<b>2</b> 10:30 Mindful Movement Exercises 11:15 Word Puzzles 1:30 Knitting Club 2:30 Target Practice 3:30 Karaoke 6:30 Happy Hour	<b>3</b> 10:30 Mindful Movement Exercises 11:15 Book Club 1:30 Scrabble 2:30 Choir Practice 3:30 Card Games	<b>4</b> 10:30 Mindful Movement Exercises 11:15 Book Club 1:30 Scrabble 2:30 Choir Practice 3:30 Card Games	<b>5</b> 10:30 Mindful Movement Exercise 11:15 Jeopardy 1:30 Card Games 2:30 BINGO 3:30 Bowling 4:30 Walking Club
<b>6</b> 3:00 Church Service Pilgrim Baptist Church	<b>7</b> 10:30 Mindful Movement Exercise 11:15 Cranium Crunches 1:30 Work of heART Bird Feeders 2:30 Balloon Tennis 3:30 Card Games 6:30 BINGO	<b>8</b> 10:30 Mindful Movement Exercises 11:15 Word Games 1:30 Giving Back: Lewton Elementary 2:30 Bible Study 3:00 Hymn Sing 6:30 – Live Music: Ron	<b>9</b> 10:30 Mindful Movement Exercises 11:15 Left, Right, Center 1:30 Cooking 3:00 BINGO 6:30 Movie Night	<b>10</b> 10:30 Mindful Movement Exercises 11:15 Word Puzzles 1:30 Quilt Making 3:00 Song Fest 6:30 Happy Hour	<b>11</b> 10:30 Mindful Movement Exercises 11:15 Book Club 1:30 Scrabble 2:30 Choir Practice 3:30 Card Games	<b>12</b> 10:30 Mindful Movement Exercise 11:15 Jeopardy 1:30 Card Games 2:30 BINGO 3:30 Bowling 4:30 Walking Club
<b>13</b> 3:00 Church Service New Direction Church	<b>14</b> 10:30 Mindful Movement Exercise 11:15 Cranium Crunches 1:30 Work of heART 2:30 Balloon Tennis 3:30 Card Games 6:30 BINGO	<b>15</b> 10:30 Mindful Movement Exercises 11:15 Word Games 1:30 Giving Back: Boys and Girls Club 2:30 Bible Study 3:00 Hymn Sing 6:30 Live Music: Jeff	<b>16</b> 10:30 Mindful Movement Exercises 11:15 Left, Right, Center 1:30 Cooking 3:00 BINGO 6:30 Movie Night	<b>17</b> 10:30 Mindful Movement Exercises 11:15 Word Puzzles 1:00 Knitting Club 2:30 Discussion Group 3:30 Karaoke 6:30 Happy Hour	<b>18</b> 10:30 Mindful Movement Exercise 11:15 Book Club 1:30 Scrabble 2:30 Choir Practice 3:30 Card Games	<b>19</b> 10:30 Mindful Movement Exercise 11:15 Jeopardy 1:30 Card Games 2:30 BINGO 3:30 Bowling 4:30 Walking Club
<b>20</b> 3:00 Church Service New Home Missionary	<b>21</b> 10:30 Mindful Movement Exercise 11:15 Food Council 1:30 Work of heART 2:30 MLK Day craft 3:30 Card Games 6:30 BINGO <small>Martin Luther King Day Tu B'Shevat</small>	<b>22</b> 10:30 Mindful Movement Exercises 11:15 Word Games 1:30 Giving Back: Humane Society 2:30 Bible Study 3:00 Hymn Sing 6:30 Live Music: Marty	<b>23</b> 10:30 Mindful Movement Exercises 11:15 Left, Right, Center 1:30 Cooking 3:00 BINGO 6:30 Movie Night	<b>24</b> 10:30 Mindful Movement Exercises 11:15 Word Puzzles 1:00 BINGO Store 3:00 Discussion Group 6:30 Happy Hour	<b>25</b> 10:30 Mindful Movement Exercises 11:15 Book Club 1:30 Baking: Cake 3:30 Resident Birthday Celebration	<b>26</b> 10:30 Mindful Movement Exercise 11:15 Jeopardy 1:30 Card Games 2:30 BINGO 3:30 Bowling 4:30 Walking Club
<b>27</b> 3:00 Church Service South Church	<b>28</b> 10:30 Mindful Movement Exercise 11:15 Resident Council 1:30 Work of heART 2:30 Balloon tennis 3:30 Card Games 6:30 BINGO <small>Australia Day (observed)</small>	<b>29</b> 10:30 Mindful Movement Exercises 11:15 Word Games 1:30 Giving Back: Homeless Shelter 2:30 Bible Study 3:00 Hymn Sing 6:30 Choir Performance	<b>30</b> 10:30 Mindful Movement Exercises 11:15 Left, Right, Center 1:30 Cooking 3:00 BINGO 6:30 Movie Night	<b>31</b> 10:30 Mindful Movement Exercises 11:15 Spelling Bee 1:00 Knitting Club 2:30 Discussion group 3:30 Karaoke 6:30 Happy Hour		