

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00 Church (TV) 3:30 Pilgrim Baptist Church Canada Day	2 10:00 Mindful Movements 10:30 Refresh 11:00 Mindful Moments 1:00 Wellness hour 2:00 Manicures 3:00 Sing-along 3:30 Bullseye games	3 10:00 Mindful Movements 10:30 Refresh 1:00 Wellness Hour 2:00 Work of heART 3:30 4 th of July Ice Cream Social	4 10:00 Mindful Movements 10:30 Refresh 11:00 Mindful Moments 1:00 Wellness hour 2:00 Bingo 3:00 Refresh 3:30 Bowling Independence Day	5 10:00 Mindful Movements 10:30 Refresh 1:00 Wellness hour 2:30 Musical guest: Wendy ♪ 3:00 Refresh 3:30 Mind Joggers	6 10:00 Mindful Movements 10:30 Refresh 1:00 Wellness hour 2:00 Movie /Manicures 3:30 Cottage Happy Hour 4:00 Boardwalk Happy Hour	7 10:00 Mindful Movements 10:30 Refresh 1:00 Wellness hour 2:00 Bingo 3:30 Cooking 7:00 Movie
8 10:00 Church (TV) 4:00 New Direction Church	9 10:00 Mindful Movements 10:30 Refresh 11:00 Mindful Moments 1:00 Wellness hour 2:00 Manicures 3:00 Sing-along 3:30 Bullseye games	10 10:00 Mindful Movements 10:30 Refresh 1:00 Wellness hour 1:30 Musical guest: Daniel ♪ 3:00 Refresh 3:15 Bible study 3:45 Balloon tennis	11 10:00 Mindful Movements 10:30 Refresh 11:00 Mindful Moments 1:00 Wellness hour 2:00 Bingo 3:00 Refresh 3:30 Bowling	12 10:00 Mindful Movements 10:30 Refresh 1:00 Wellness hour 2:00 Work of heART 3:00 Mind Joggers 3:30 Sing-along	13 10:00 Mindful Movements 10:30 Refresh 1:00 Wellness hour 2:00 Games 2:30 Cottage Happy Hour 3:00 Boardwalk Happy Hour 3:30 Musical guest: Jeff ♪	14 10:00 Mindful Movements 10:30 Refresh 1:00 Wellness hour 2:00 Bingo 3:30 Cooking 7:00 Movie
15 10:00 Church (TV) 4:00 New Home Missionary Church	16 10:00 Mindful Movements 10:30 Refresh 11:00 Mindful Moments 1:00 Wellness hour 2:00 Manicures 3:00 Sing-along 3:30 Bullseye games	17 10:00 Mindful Movements 10:30 Refresh 1:00 Wellness hour 2:00 Work of heART 3:00 Hymn sing 3:45 Balloon tennis	18 10:00 Mindful Movements 10:30 Refresh 11:00 Mindful Moments 1:00 Wellness hour 2:00 Bingo 3:00 Refresh 3:30 Bowling	19 10:00 Mindful Movements 10:30 Refresh 1:00 Wellness hour 2:00 Mind Joggers 2:30 Heart to Heart Social 3:30 Sing-along	20 10:00 Mindful Movements 10:30 Refresh 1:00 Wellness hour 2:00 Games 2:30 Cottage Happy Hour 3:00 Boardwalk Happy Hour 3:30 Musical guest: Marty ♪	21 10:00 Mindful Movements 10:30 Refresh 1:00 Wellness hour 2:00 Bingo 3:30 Cooking 7:00 Movie
22 10:00 Church (TV) 4:00 South Church Group	23 10:00 Mindful Movements 10:30 Refresh 11:00 Mindful Moments 1:00 Wellness hour 2:00 Refresh 2:30 Norma and Friends 3:30 Bullseye games	24 10:00 Mindful Movements 10:30 Refresh 1:00 Wellness hour 2:00 Work of heART 3:00 Refresh 3:15 Bible study 3:45 Balloon tennis	25 10:00 Mindful Movements 10:30 Refresh 11:00 Mindful Moments 1:00 Wellness hour 2:00 Bingo 3:00 Refresh 3:30 Bowling	26 10:00 Mindful Movements 10:30 Refresh 1:00 Wellness hour 2:00 Work of heART 3:00 Mind Joggers 3:30 Resident birthday party	27 10:00 Mindful Movements 10:30 Refresh 1:00 Wellness Hour 2:00 Movie / Manicures 3:30 Cottage Happy Hour 4:00 Boardwalk Happy Hour	28 10:00 Mindful Movements 10:30 Refresh 1:00 Wellness hour 2:00 Bingo 3:30 Cooking 7:00 Movie
29 10:00 Church (TV) 4:00 Tabernacle of David	30 10:00 Mindful Movements 10:30 Refresh 11:00 Mindful Moments 1:00 Wellness hour 2:00 Bullseye games 2:30 Sing-along 3:30 Women's club	31 10:00 Mindful Movements 10:30 Refresh 1:00 Wellness hour 2:00 Work of heART 3:00 Refresh 3:15 Hymn sing 3:45 Balloon tennis				